



STEELE COUNTY BOARD OF COMMISSIONERS WORK SESSION AGENDA

Administration Center - 630 Florence Avenue – Owatonna, MN 55060

*Steele County's Mission:
Driven to deliver quality services in a respectful and fiscally responsible way.*

TUESDAY, MARCH 12, 2024 AT 3:00 PM
County Boardroom, Steele County Administration Center

Agenda

1. Call to Order
2. Other Business

Presentations

Crisis Resource Center – Abused Children's Program
Riley Jimenez, Abused Childrens Program Coordinator

Semcac – Senior Services
Jennifer Hengel, Executive Director
Jeff Wyant, Senior Services Director

Community Pathways of Steele County - 2023 Impact Report
Dom Korbel, Executive Director

Healthy Seniors of Steele County
Edna Ringhofer, Executive Director

Adjourn

Disclaimer: This agenda has been prepared to provide information regarding an upcoming meeting of the Steele County Board of Commissioners. This document does not claim to be complete and is subject to change.



Abused Children's Program

Established 1993

CRISIS RESOURCE CENTER OF STEELE COUNTY

501 © (3) Non-profit Organization



Mission: *Provide support and confidential services to individuals affected by domestic abuse and sexual violence. CRC is also committed to reducing the incidences of domestic abuse and sexual violence by providing education to all members of the communities we serve.*

Purpose: *Help individuals understand, address and cope with their abuse and provide individuals with immediate safety options and/or increased sense of safety through the services the Center provides.*

*** APRIL IS CHILD ABUSE PREVENTION AWARENESS MONTH ***

- CRC Services
 - Free & Confidential
 - Kids Group: Tuesdays from 4:30 PM - 5:30 PM
 - Protection Orders
 - Safety Planning
 - Resources & Referrals
 - 24/7 Advocacy & Support
- Collaboration with Local Agencies
 - Law Enforcement, County Attorney, Child Protection, Area Schools
- Outreach
 - Presentations, Public Information Boards, Local Events

FY2023 Final Report:

Agency: Crisis Resource Center of Steele County, Inc.

Program: Abused Children's

Total Number of Individual Clients		Direct Human Services (Health)	
Age	#Clients	# Clients	
Under 5 years old	76	Owatonna	
5-20 years old	230	475	
21-61 years old	341		
62 years and older	14	Blooming Prairie	
Unknown	16	26	
Total Individual Clients	677		
		Medford	
Race/Ethnicity that your client identifies with		22	
African-American/Black	34		
Asian and Pacific Islander	16	Ellendale	
Latino/Hispanic	128	31	
Native American	1		
Middle Eastern/North African	9	Non-Residents	
Multiracial	35	123	
White (non-Latino)	439		
Other (please specify)	0	Total # Clients	
Unknown	5	677	
Total Individual Clients	677		
		New Client Statistics	
Poverty Level	#Clients	New Clients	530
Clients below 200% of Federal Poverty Level	466		
Clients above 200% of Federal Poverty Level	211	Former Clients	147
Unknown	0		
Total Individual Clients	677	Total Clients	677
Comments:			
CRC provided 2,426 services to 677 clients during FY23.			
*Additionally, CRC answered 1,944 crisis line calls .			

Steele County

FISCAL YEAR 2023 RESULTS (OCT - SEPT)

About Semcac

Semcac is a nonprofit, 501c3 Community Action Agency designated to serve southeastern Minnesota. Established in 1966, Semcac serves the counties of Dodge, Fillmore, Freeborn, Houston, Mower, Steele & Winona. Limited services are also provided in Olmsted, Goodhue, Rice & Wabasha counties. Semcac provides services to assist low-income &/or at-risk populations & addresses community needs.

Annual Full Agency Results



SERVED

22,332

INDIVIDUALS
(UNDUPLICATED)



FROM

11,287

HOUSEHOLDS

&



PROVIDED

49,274

BUS RIDES



[Semcac.org](https://semcac.org)

MISSION

Empower & advocate for people to enhance their self-sufficiency by maximizing community resources

LOCATIONS IN STEELE COUNTY

- 1 Steele Cty Contact office
545 Dunnell Dr., Owatonna
- 2 Senior Dining Sites:
-Senior Center, 134 3rd Ave SE, Blooming Prairie
-Cedar Place apts, 2211 Hartle Ave., Owatonna
-Senior Place, 500 Dunnell Dr., Owatonna
- 3 Semcac Head Start classroom
565 20th St NE, Owatonna

Thank you volunteers!

39,314 hours donated by 915 volunteers.

Semcac's Impact in Steele County

Senior Nutrition results in seniors who are empowered to maintain their health and nutritional well-being and allows at-risk seniors to remain in their own home. A Registered Dietitian approves meals.

- 8,425 hot, nutritious meals were served in a congregate setting at Senior Dining to 181 seniors age 60+ and spouses in Steele County.
- 27,300 nutritious meals were delivered by Meals on Wheels volunteers to 184 Steele County seniors in Blooming Prairie, Ellendale, Medford, and Owatonna.

Senior and Caregiver Advocacy results in seniors maintaining safe and independent living.

- 38 unduplicated seniors and caregivers in Steele County received individual assistance to identify needs, access resources, make informed decisions and reduce isolation.

Energy Assistance results in keeping people warm by heating homes during the winter season, thus extending the limited, low household income.

- 686 households in Steele County received assistance with their utility payments during the winter season. Also, 199 households received additional crisis assistance.

Weatherization results in greener communities, lower energy bills for low-income people and creates new jobs.

- 8 households in Steele County had their homes weatherized and learned more about energy conservation. 4 households received home conservation services funded through the local utility company Conservation Improvement Programs administered by Semcac.
- 21 households received energy related repairs, such as furnace replacement.

Head Start & Early Head Start result in empowered families and young children who are ready for kindergarten. Head Start families receive comprehensive services from Semcac.

- 81 individuals (42 children and their families) were educated at the Head Start classrooms in Steele County during the program year.

Outreach and Emergency Services supports people through a crisis and allows them to utilize their limited income until they reach stability.

- 39 households (156 individuals) received crisis financial assistance for transportation via the Car Repair Program in Steele County.
- 40 households (92 individuals) were assisted with rent or mortgage payments or provided with motel vouchers to prevent homelessness in Steele County.
- Outreach & Emergency Services staff provided information & referrals to other/outside organizations for 2,548 individuals from 980 households in Steele County. Staff also provided information & referrals within the agency to 4,215 people in Steele County.

Semcac Transportation results in people getting to their medical and dental appointments, senior dining and other locations to meet essential needs.

- 459 rides were provided to 66 individuals utilizing the Volunteer Driver Program in Steele County. Volunteer drivers use their own vehicle to provide rides.

Tripartite Board of Directors

Neil Witzel, President - Dodge County
Tim Tjosaas - Dodge County
Greg Peterson – Dodge County
Larry Hindt - Fillmore County
Ruth Fallon, Treasurer - Fillmore County
Karen Johnson - Fillmore County
Open - Freeborn County
John Foreman - Freeborn County
Patricia Coleman – Freeborn County
Carolyn Cripps – Houston County
Bob Burns - Houston County
Open - Houston County

Janice Ball, Secretary - Mower County
Polly Glynn - Mower County
Tina Bell - Mower County
Open position- Steele County
Rick Gnemi - Steele County
Rick Wittrock, Vice Pres.- Steele County
Brenda Boettcher - Winona County
Steve Sarvi - Winona County
Greg Olson - Winona County

Brian Lipford – Attorney Liaison
Chrissa Mueller – Early Childhood Liaison

Contact Us & Stay Informed

Jennifer Hengel, Executive Director
jennifer.hengel@semcac.org

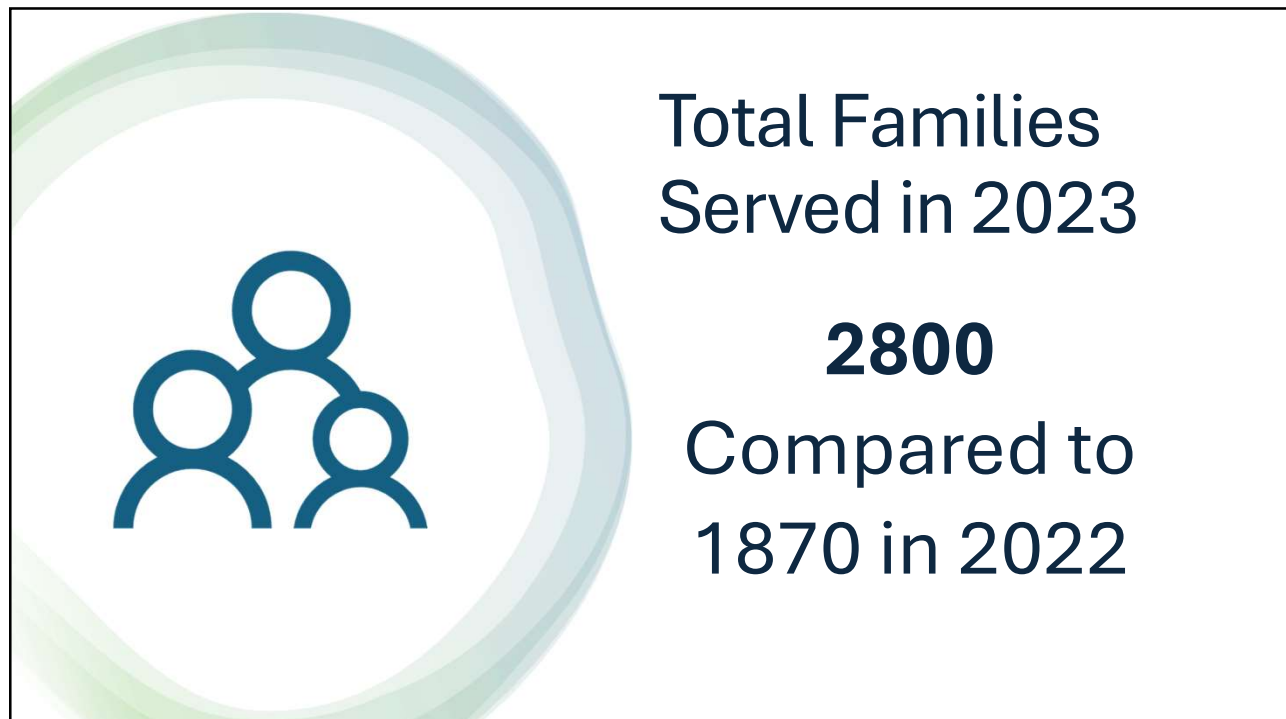
[Semcac.org/donate](https://semcac.org/donate)
Like & Follow @Semcac on social media



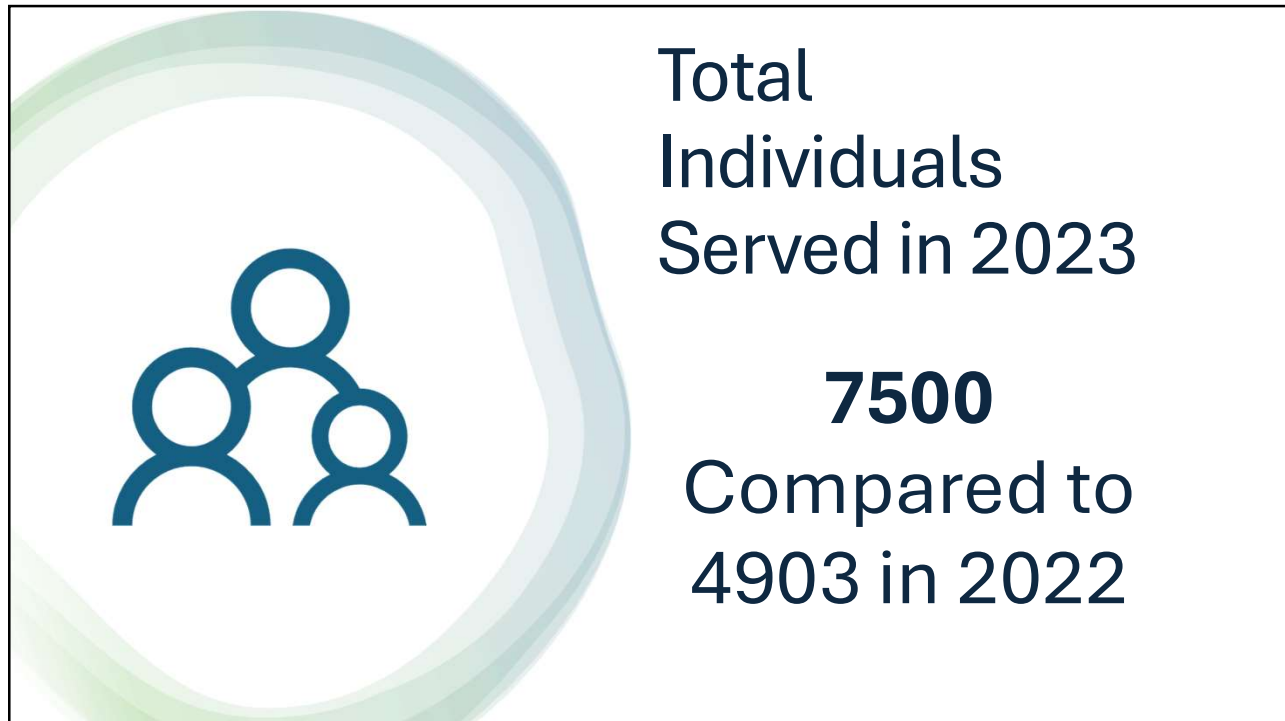
2023 Impact Report



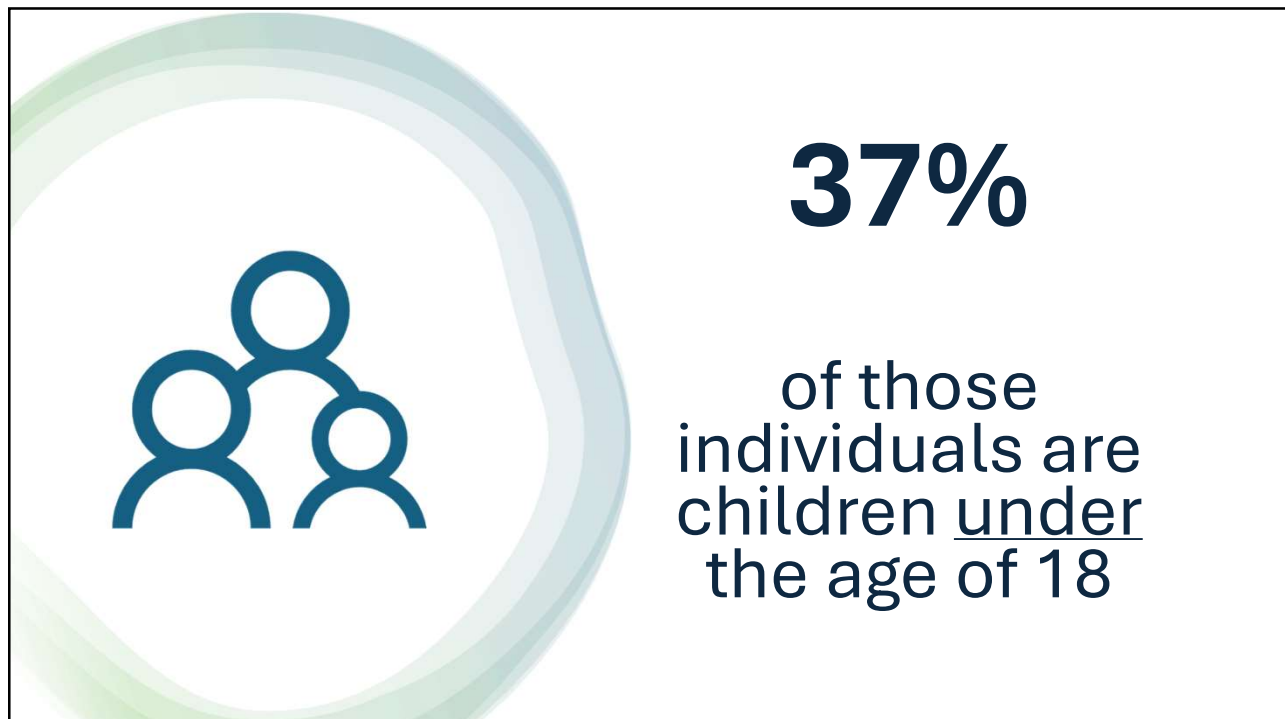
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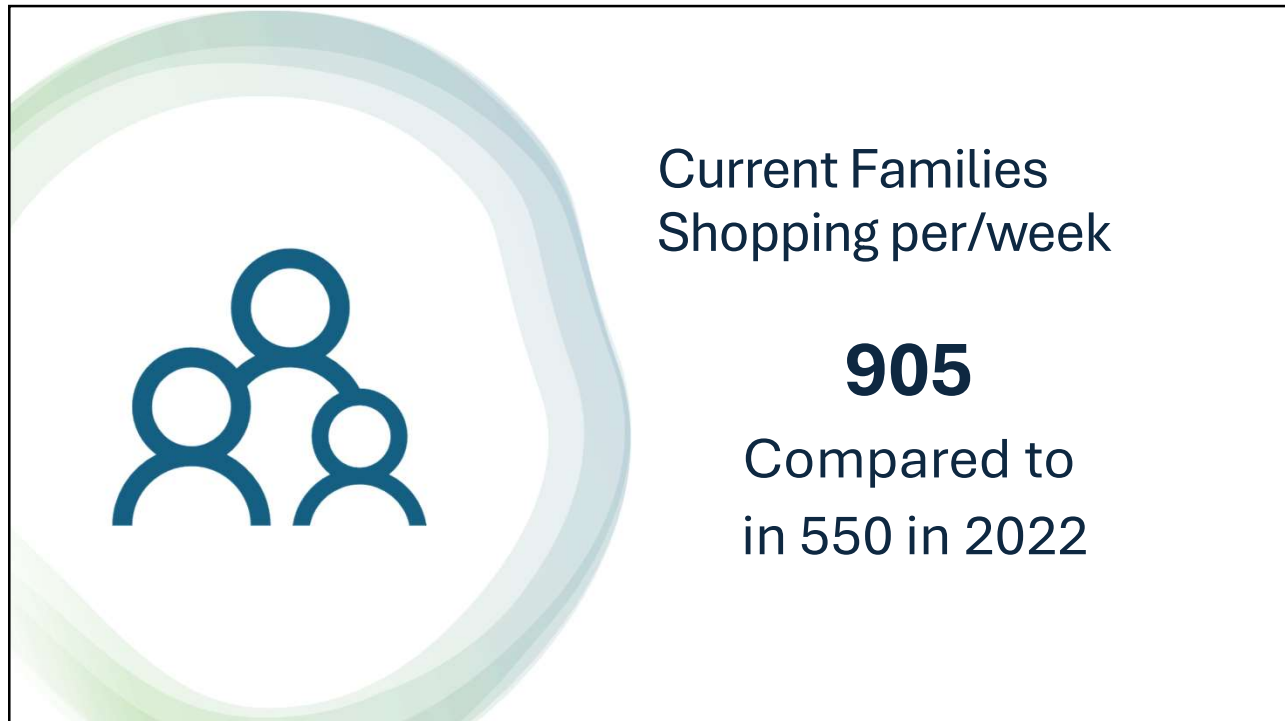
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4



5



6

**Families took
home about
47 pounds per
visit (20-22
pounds per
household
member)**



7

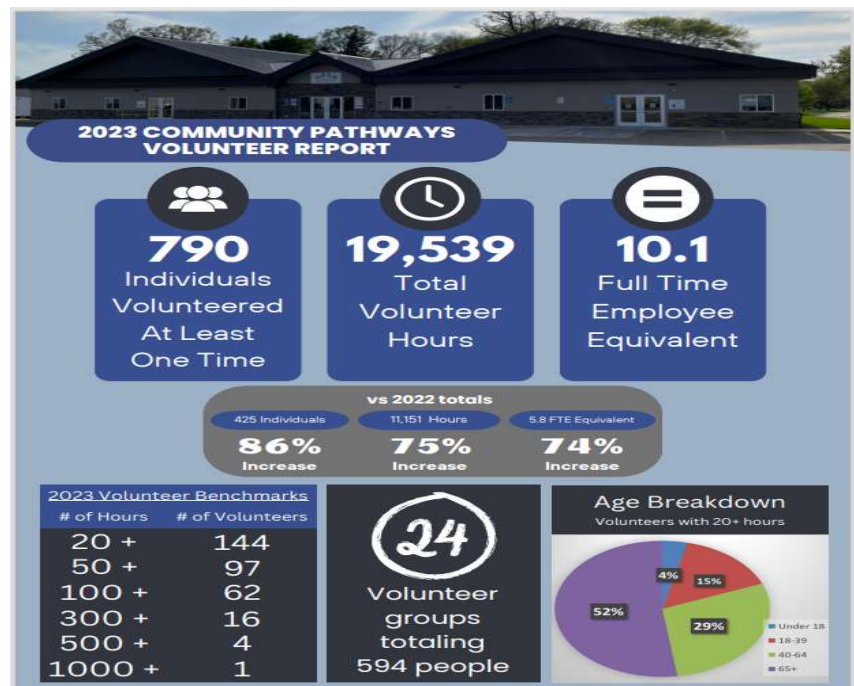


**Purchased Food Cost
per Pound in 2023**

.34 per pound

versus .35 per pound in 2022
(we actually lowered our cost
per pound by leveraging our
expanded space to maximize
our purchasing power!)

8



9

**We distributed
98% of the
pounds of food
we purchased
or had donated
(just 2% waste!)**

The goal for most food shelves is to distribute 85-90% (10-15% waste)



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We Cannot Do This Work Alone

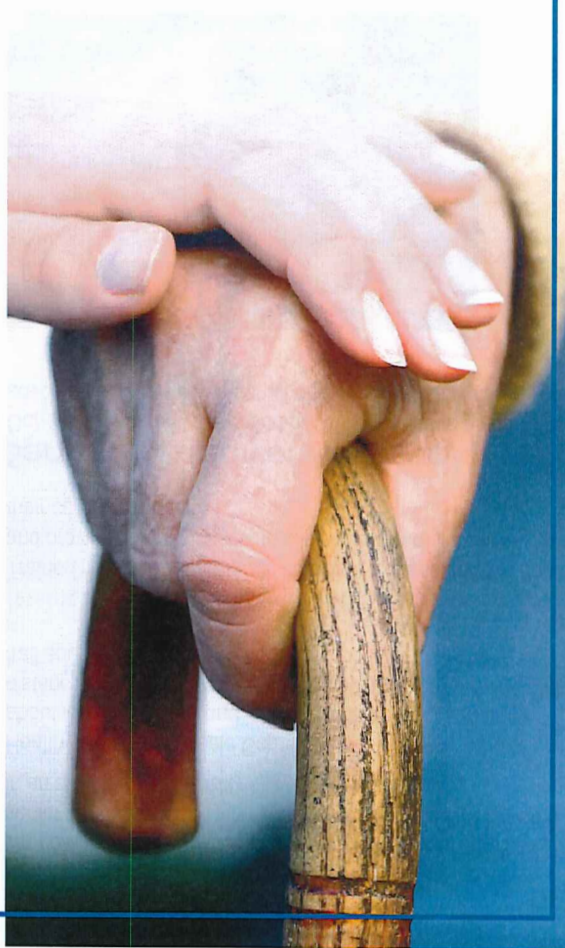


Thanks For Your Support!

Mission

Healthy Seniors of Steele County services help seniors in need who are 65 and older live healthy, safe, and independent in their own homes, to prolong the length of spending down into Medical Assistance and, to divert nursing home placements.

Volunteers are matched with community members who may be isolated, frail, or simply unable to accomplish a particular task without assistance. Healthy Seniors of Steele County volunteers provide thousands of good neighbor acts of kindness each year.

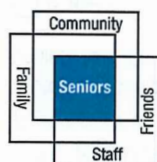


Office (507)774-7648
healthyseniorsmn.org



Healthy Seniors of Steele County

Supported, in part, by The United Way of Steele County, Minnesota Prairie County Alliance, the Otto Bremer Foundation, Mardag Foundation, Medica Foundation, Steele County, fundraising, individual contributions, memorials, and in-kind donations.



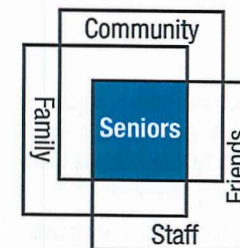
Healthy Seniors of Steele County

Providing needed support & services to keep seniors safely living well at home.

Healthy Seniors of Steele County

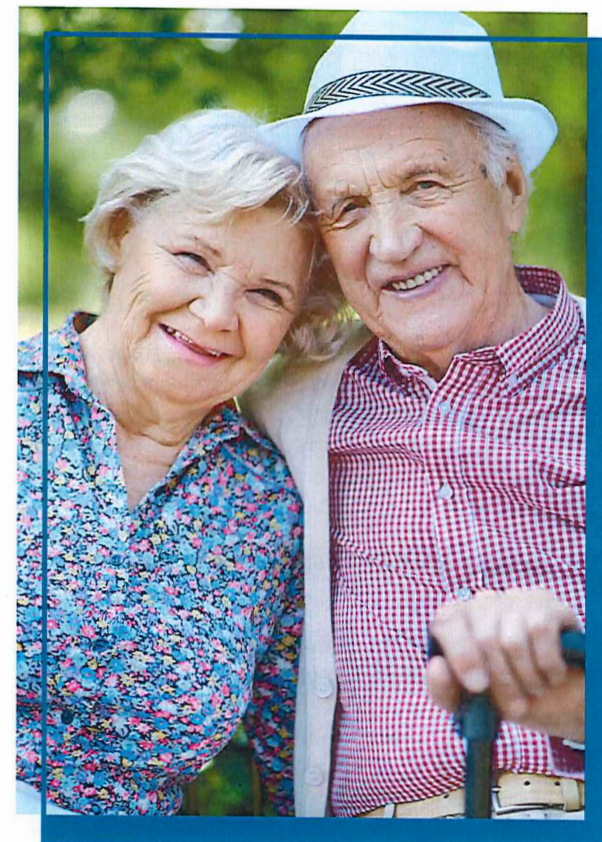
is always in need of volunteers who want to share their time, talents and skills to help seniors continue to live safely and independently in their own homes. If you are interested in volunteering or in learning how you can support financially, please contact us.

Office (507)774-7648
healthyseniorsmn.org



Healthy Seniors of Steele County

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Senior Companion

Volunteers visit seniors in the comfort of their own homes, providing an opportunity for friendship and fellowship.

Caregiver Support

On-going support services are offered for those caring for a senior that are living in their own home, apartment or residing in an assisted living facility in Steele County.

Healthy Seniors of Steele County's staff is knowledgeable about local resources and is able to advise local and long-distance caregivers who are concerned for the well-being of a frail adult.

In-Home Volunteer Respite

Trained respite volunteers are available to come into the home and provide companionship to allow caregivers time away from their caregiver duties.

Senior & Caregiver Advocacy

Our senior & caregiver support coordinators serve as an advocate for services on behalf of seniors and their caregivers.



Volunteers help reduce Isolation and Loneliness

Social Activities

Social activities are held weekly and monthly in communities within Steele County.

Library Book Delivery

In partnership with the Owatonna Public Library, books are delivered to increase adult literacy among the isolated homebound seniors. Volunteers pick up and deliver books to homebound seniors each month.

Needs Assessments & Referral

Individual needs assessments are done to help meet, create or connect resources in order to fulfill needs that may arise in order to keep seniors residing in Steele County healthy, safe and independent in their own homes. Our service team will help identify areas of daily life where support may be needed:

- We suggest trusted, affordable resources for chores, financial help, personal care, activities, transportation, medical or legal issues, and more.
- Apply for government or other programs to help pay for services.
- Locate housing alternatives such as assisted living, subsidized apartments, or senior living communities.
- Navigate life changes and help with planning for future needs.

Fall Prevention Home Safety Assessments

A program designed to help decrease the number of falls for seniors to maintain independence in their own home.

Chores

Volunteers assist older adults with needs that might arise: fall clean-up, grocery assistance, and many other tasks.



Medical Escorts

The medical escort service provides a companion for medical appointments, assisting the senior in understanding physicians' orders and helping to facilitate communication between the senior and the medical staff. This service was established between the Mayo Clinic Health System Owatonna and Healthy Seniors to support the need for increased understanding of medical directives between senior patients and clinic personnel.

Nurse – In

Blood pressure services are held throughout the county. Call for location and times.

Healthy Partners

A twelve week in-home program concentrated on helping seniors identify risks of falls, exercise to improve flexibility, balance and strength, and light chore to help seniors reduce the risks of falling within their home.



Volunteer Your time and talents

After attending an initial orientation session and completing necessary background checks, volunteers choose how they would like to share their time, talents and skills.

Trained and insured volunteers contribute thousands of hours each year providing essential services that help friends and neighbors remain independent, living in their own homes or homes of choice such as low income based apartments, and assisted living communities.

In each community throughout Steele County, adult volunteers are recruited and trained. As part of the vision of Healthy Seniors, we see the individual having the option of being surrounded by family, friends and community, rather than by an institution.

Healthy Seniors of Steele County			2023 Logic Model	
INPUTS	ACTIVITIES	OUTPUTS	OUTCOMES	IMPACTS
Volunteers/Staff	Total Clients Served	1,581 Clients received 11,748 services	1,581 clients stayed at home	
			& had better quality of life	Diverted 428 months of nursing placements
Staff	Service Coordination	Coordinated services	Seniors requests were filled by staff coordination	Met needs of seniors and caregivers throughout Steele County
Volunteers	Volunteer Services	239 volunteers	Provided 4,569 hours of volunteer services	Provided volunteer services to benefit families throughout Steele County
Staff & Volunteers	Chore Services	Provided help in-home	Provided help to seniors that could no longer complete task	Intergenerational neighbor helping neighbor
Staff & Volunteers	Senior Companion/Friendly visits	Provided in-home	senior was visited weekly	Friendships develop into caregiver role & lifelong friend reducing isolation & loneliness
Staff & Volunteers	Respite Care	Provided in-home repite	Caregivers were given a break & relieved of caregiving duties	Reduce stress of caregiving by having time available to take care of themselves
Staff & Volunteers	Caregiver Support	Caregivers were helped	Ongoing support services for family and caregivers	Increased supports so caregivers can continue to work
Staff & Volunteers	Friendly calling & safety calls	Provided calls	Increase socialization & provide safety checks after storms	Reduces loneliness & increases support living independently
Staff & Volunteers	Medical Escorts	Provided rides to doctor	transportation & accompaniment to Dr appointments	Assurance, better medical communication
Staff & Volunteers	Rides	rides were provided	Unmet transportation to errands, groceries, senic rides	Maintain lifestyle and medical appointments
Staff	Healthy Partners	in-home strength & balance exercise	Combination of fall prevention exercise	Decrease risk of falls through strengthening and fall prevention education
Staff	Resource & Referral	Provided resources & referrals	Connected people to resources and services they needed	
Staff & Volunteers	Outreach	2,194 people received HS information	2,194 people know about agency and services	
		Total Clients Served	Provided 1,581 seniors & caregivers services	Helped seniors live independently in their homes
		Total Volunteers	239 volunteers	Provided 8,269 hours of volunteer services
		Total months of nursing home diversion	Diverted 428 months of nursing home placements	Senior's needs were met so they can live safe &
				independently in their home